We support — Linking you to services

We share — Our knowledge

We care — For the whole family

#### **General community support services**

DVConnect Men line Australia	1800 600 636
DVConnect Women line Australia	1800 811 811
Relationships Australia	1300 364 277
Beyondblue Info Line	1300 224 636
Lifeline Telephone Counselling	13 11 14
Kid's Help Line	1800 551 800
Gambling Help Line	1800 858 858
Parentline	1300 301 300

"Be strong enough to stand alone. Smart enough to know when you need help, and brave enough to ask for it"

#### Contact the SEWB team

on

**Head Office:** 

23 Glady Street Ph: (07) 4061 9988 PO Box 1537 1800 765 966 INNISFAIL Q 4860 Fax: (07) 4061 5188

Email: enquires@mamuhsl.org.au Website: www.mamuhsl.org.au

#### **Our Mission Statement**

Empowering Aboriginal and Torres Strait Islander people who live in the Great Green Way, and inland Savannah regions, to live long and healthily lives.

SEWB Manager - Trevor Philpot

SEWB Coordinator - Donna-Maree Elliott

Safety & Wellbeing Officer - Josie Mooka

Safety & Wellbeing Officer - Tracy Philpot

Family/DV Officer - Edward Kyle

#### **Client Privacy**

Mamu Health Service Ltd has developed a privacy policy to protect the individuals' personal information in line with the Australian Privacy Principles. (Privacy Amendment Enhancing Privacy Protection Act 2012

When conducting interviews away from a MHSL site, SEWB staff will ensure the location has adequate privacy.



# SOCIAL & EMOTIONAL WELL BEING

Strong Body, Strong Mind





## Mee -

#### Meet the Team...



**SEWB Manager** 



#### **Donna-Maree Elliott**

**SEWB** Coordinator



#### Colin Mooka

Drug & Alcohol Counsel-



#### Josie Mooka

Safety Wellbeing Officer



### **Tracy Philpot**

Safety Wellbeing Officer



## **Edward Kyle**

Domestic/Family Violence Counsellor



## Men's Group

A regular gathering of Murri men for yarns, information, education and support.



## Women's Group

Meeting fortnightly supporting all women through info sessions, creative activities, sharing good food and stories.





Who we are

We are a community support service providing confidential and culturally appropriate service to individuals and families.

#### What we offer

- Drug and Alcohol Support
- Domestic Violence Support
- Court Support
- Advocacy
- Referrals
- Community Events Support
- Education and Promotion of better choices
- Individual and family support